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## Mask-for-aid

Haligonians partake in Anonymous' worldwide Million Mask March, which highlighted issues like bullying, corruption, animal rights and sexual violence

PAGE 6

## Natalie Portman is a comic con

Star of Thor: The Dark World says she never really got into comic books

PAGE 14

## OFF WITH THEIR PAYCHEQUES!

SENATORS AGREE TO SUSPEND COLLEAGUES BRAZEAU, DUFFY AND WALLIN

PAGE 11



## FORD CRACKED BUT NOT LEAVING POST

Toronto Mayor Rob Ford made another emotional apology for his "mistakes" Tuesday, but says he loves his job and has no plans to step aside. Story, page 10. THE CANADIAN PRESS

# Smaller is better: Council

### Downsize Year 1.

Councillors say improvements will make performance 'even better,' help balance increases in workload



**RUTH DAVENPORT**  
ruth.davenport@metronews.ca

One year after the new council was sworn in, amid trepidation over its newly reduced size, two veteran councillors say the slim-down seems to be working pretty well.

"I think the proof is in the pudding," said Coun. Tim Outhit, who represents Bedford. "This is a smaller, more cohesive, more productive, more professional council."

The Utility and Review Board cut the number of councillors from 23 to 16 in response to public demand for a "significant" reduction in the number of seats.

Although the move was ex-

pected to save about \$500,000, critics said the move was anti-democratic and would result in an unmanageable workload for councillors.

Coun. Linda Mosher (Arm-dale-Peninsula West) agreed the first year with a new council has been "positive" in terms of council meetings — but said she feels she's unable to represent constituents as effectively as before the change.

"It has been frustrating to try to do what I used to be able to do before," she said. "We've got seven less people to sit on the same number of boards and commissions and the standing committees."

ing to council's committee of the whole.

"When you have a larger body, say you have 51 MLAs and they have all those committees, that makes sense," said Outhit. "Council is working well, it's smaller ... we should be having more committee-of-the-whole meetings."

Mosher said she's hopeful a governance review currently underway will provide the "tweaks" needed to balance out the workload by sending more issues to committee of the whole and fewer to standing committees.

"That's when you have your brainstorming, that's when

### Quoted

"Some days, before ... I just felt kind of sick to go in (to council meetings). Now, it's a very positive working environment." Coun. Linda Mosher

Both Mosher and Outhit said too many broad policy issues are being sent to standing committees and not com-

many creative ideas come out, experiences and different viewpoints," she said. "I find that it's a more democratic process."



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# Halifax police warning

## Repeat sex offender being released to halfway house

Halifax police are warning the public about a high-risk sex offender with a history of repeat offences who is moving to HRM.

Douglas Gladstone Burden, 52, was released from a federal penitentiary on Tuesday after serving 20 years of a 21-year prison sentence.

Burden was convicted in 1992 of several offences, including administering a noxious substance, unlawful confinement and several sexual assaults.

Most of the offences took place in Ontario, but Burden is being released to a local halfway house.

"So he will be supervised by Correctional Services, but he will not be as supervised as he was when he was in the correctional centre," said Halifax Regional Police spokesperson Const. Pierre Bourdages Tuesday.

Burden is described as five-foot-11, 164 pounds with brown hair and blue eyes.

Bourdages said police made the decision to alert the public because of Burden's pattern of re-offending.

"He was released before and every time his parole was revoked because he re-offended," said Bourdages.

Bourdages said vigilante activity towards Burden won't be tolerated, but police felt they had an obligation to warn the public about his release.

RUTH DAVENPORTS/METRO



Douglas Burden CONTRIBUTED



The parents and brother of Glen Race, inset, Mark Race, left, Doug Race and Donna Race attend his sentencing hearing at Supreme Court in Halifax on Tuesday.  
THE CANADIAN PRESS

# Race had religious delusions: Expert

**Court.** Crown, defence agree Dartmouth man not criminally response for murders

A mentally ill man who has admitted to murdering two Halifax men in 2007 believed he was a godlike figure on a mission to cleanse the world of sinners, a forensic psychiatrist told a court hearing Tuesday.

Glen Race, 32, pleaded guilty in September to first-degree murder in the death of Trevor Brewster and second-degree murder in Paul Mi-

chael Knott's death. However, Race's lawyer has filed an application to have his client declared not criminally responsible on the grounds he was too mentally ill to appreciate that what he was doing was morally wrong.

Dr. Lisa Ramshaw told a hearing in the Supreme Court of Nova Scotia that Race was motivated to kill by grandiose religious delusions and paranoia brought on by schizophrenia, a chronic mental illness.

"Mr. Race was unable to access the moral wrongfulness at the time due to the extent of his psychosis, which was driving his behaviour," Ram-

shaw said in a report submitted to the court. "A defence of not criminally responsible on account of a mental disorder is therefore supported."

Crown and defence lawyers agree that Race should be declared not criminally responsible, largely based on reports from three psychiatric experts, including Ramshaw, who have all come to the same conclusion. But it is up to Judge Kevin Coady to decide whether such a finding has legal merit.

Outside court, Crown attorney Paul Carver said the hearing is aimed at showing the public how someone who

appears to be mentally stable and organized on the surface can in fact be motivated by delusions that impair their moral compass.

Ramshaw said she based her conclusion on a review of Race's extensive medical records, dating back to 2001, and 10 hours of interviews she conducted with Race in 2011.

Ramshaw said she learned of how Race's delusions prompted years of bizarre behaviour. Among other things, she found Race had refused to take a bath for an entire year, believed he was telepathic and could talk to trees and spirits.

THE CANADIAN PRESS

## Suspicious death probed

Halifax Regional Police remained on the scene late Tuesday of a suspicious death in Dartmouth.

Police were called to an apartment on Brookdale Crescent at 12:43 p.m. after a man believed to be in his 50s was found dead. Spokesman Const. Pierre Bourdages said on Tuesday afternoon they were in the early stages of their investiga-

tion and that the man's body was found following what he referred to as a "well-being check."

"In this case, we are waiting for the arrival of the medical examiner's office," Bourdages said. "We are treating the death as suspicious with the information we have."

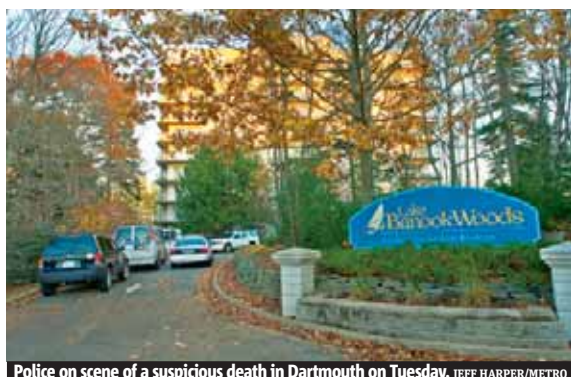
He said no one else was inside the apartment when the

man's body was found, and there have been no arrests.

Officers were to remain on scene until police could determine a cause of death. Bourdages said he didn't expect that to be completed until sometime on Wednesday.

Police hadn't been able to identify the victim as of late Tuesday afternoon.

PHILIP CROUCHER/METRO



Police on scene of a suspicious death in Dartmouth on Tuesday. JEFF HARPER/METRO



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# Anonymous members speak up for victims worldwide

## Million Mask March. Haligonians take part in global demonstration



**HALEY  
RYAN**  
haley.ryan@metronews.ca

Dozens of people wearing Guy Fawkes masks walked the streets of downtown Halifax on Tuesday to shed light on issues like bullying, corruption, animal rights and sexual violence.

The event was part of a worldwide Million Mask March of Anonymous members that coincided with Guy Fawkes Day on Nov. 5, with local members waving banners and carrying signs along the route from Province House to Victoria Park on Spring Garden Road.

"The message is ... seeking justice for victims who weren't able to find it themselves and my daughter is a perfect example of that," said Rehtaeh Parsons's father Glen Canning

before the march.

Rehtaeh, 17, took her own life in April after nearly two years of bullying following an alleged rape at a party when she was 15.

Canning said the online group helped spark attention around Parsons's case and continue to offer moral support for Canning and Rehtaeh's mother, Leah Parsons.

"These are the people who are speaking up and ... bringing (out) things hidden and shining a light on them," Canning said.

Since 2004, Anonymous has gathered attention through cyber-attacks on government, religious groups like the Westboro Baptist Church, and corporate websites.

A woman who identified herself as Nova Scotlyn spoke before the march about the importance of calling attention to cyberbullying, and how Parsons's death got her involved with social justice.

"I related to her on a personal level ... about 10 years ago

### Standing up for victims



"The message is ... seeking justice for victims who weren't able to find it themselves, and my daughter is a perfect example of that."

Rehtaeh Parsons's father, Glen Canning

I could have been Rehtaeh," Scotlyn said. "I was heartbroken."

Tech expert and Anonymous member Jon Blanchard said it's especially important for activists to expose war crimes and human rights violations in other countries that are being covered up.

"There are many things that are wrong, but this is one of the few things that are very, very right," Blanchard said. "This is not a protest, it's a celebration."



Members and supporters of Anonymous gather in front of Province House to participate in the Halifax portion of the Million Mask March on Tuesday. JEFF HARPER/METRO

## Host Jordi Morgan among workers laid off by News 95.7



Rogers-owned News 95.7's office in Halifax. JEFF HARPER/METRO

Drastic scheduling changes announced on Tuesday by Rogers Media Inc. mean job losses for Halifax's only news radio station, including the end of Maritime Morning with Jordi Morgan.

Morgan has hosted the morning talk show — which aired weekdays between 8:30 a.m. and noon — for the past three years.

Tuesday's updated schedule shows Maritime Morning has been replaced with the Rick Howe Show.

In a press release, Rogers,

News 95.7's parent company, introduced the changes by announcing it was partnering with Sportsnet 590 to introduce more sports programming.

"The changes to our schedule allow us to engage with audiences through a broader range of topics that matter, locally, nationally, and internationally," said regional manager Danny Kingsbury in the release.

"And partnering with a strong all-sports brand like Sportsnet to bring the coun-

### Out with the old

The station's new programming will take effect starting Wednesday.

try's leading sports radio shows is sure to bring new energy to the Halifax market."

But according to sources, the scheduling change means a dozen fewer jobs for local staffers.

Laid off employees reportedly include sports anchor

Scott MacIntosh, morning anchor Erica Munn, Lite 92.9 drive jock Jamie Patterson, morning news editor Connie Thiessen, producer Melissa Mancini, reporter Desiree Finher, reporter Amanda Debison and at least three creative and sales staff.

These cuts come as other media outlets reported widespread layoffs by Rogers.

The Globe and Mail reported the communications giant laid off 94 workers across the country on Tuesday.

GEORDON OMAND/FOR METRO

### Electronics robberies

#### Police looking for trio of thieves

Halifax police are looking for three people they say are behind a string of electronics robberies in HRM.

Police say the gang of two men and one woman made off with more than \$5,000 worth of electronics — mostly Apple TV and Nest thermostats — from Best Buy and Future Shop stores

in Bayers Lake, Bedford and Dartmouth.

The thefts took place over a two-day period in mid-October.

Authorities say they have received reports of similar incidents throughout Atlantic Canada, which they believe involve the same three.

Police are asking the public to contact either the Halifax Regional Police or Crime Stoppers with any helpful information.

METRO



Police are looking for this man in connection to a string of robberies. COURTESY HALIFAX REGIONAL POLICE

### Passenger injured

#### Vehicle crashes into Hwy. 111 ditch

A man was taken to hospital with non-life-threatening injuries after a vehicle left the road on Highway 111 in Dartmouth early Tuesday morning. Police say the vehicle was heading towards Woodside around 4 a.m. when it left the road, hit the guard rail and ended up in a ditch. METRO

### 27-year-old charged

#### Shotgun pointed at 2 people inside home: Police

A 27-year-old Lunenburg County man is facing charges after Bridgewater police say someone pointed a shotgun at two people at a Hebbville home over the weekend.

Police were called on Sunday morning after receiving a report of a firearm being

pointed at two people as they approached the home.

Two people were arrested at the scene, but only the one person was charged.

Dakota James Parsons, 27, is charged with three firearm offences, along with single counts of break-and-enter and possession of stolen property.

Police say the last two charges are related to a break and enter at a business in the Lunenburg area on Nov. 1. METRO



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## Poppy can. Police trying to ID alleged thief



Images of the suspect in a poppy-can theft. COURTESY HALIFAX REGIONAL POLICE

Halifax police are asking for the public's help identifying a woman who is alleged to have stolen a poppy donation can over the weekend in Dartmouth.

Police say at 1 a.m. Sunday, a woman walked into the Irving gas station at 626 Windmill Rd. and stole a poppy-donation can from the counter before leaving on foot.

"We are putting it out there not because it's a massive amount of money — it's more the principle," said Halifax Regional Police spokesman

Const. Pierre Bourdages. "Unfortunately, this lady decided the money should go to her (and not the veterans)."

Police have released photos of the suspect. She is described as a woman in her 20s, five-foot-five, medium build with blond hair. She was also wearing a black jacket.

Anyone with information is asked to contact police or Crime Stoppers. Police don't know how much money was in the can, but it's not believed to have been a large amount.

PHILIP CROUCHER/METRO

## \$50K. Nova Scotian wins Scotiabank Giller Prize

Port Hawkebury's Lynn Coady has won the \$50,000 Scotiabank Giller Prize for *Hellgoing*.

The short-story collection was praised by jury members as having a "keen and sympathetic wit."

The native of Port Hawkesbury, who now lives in Edmonton, called the win "shocking and overwhelming" in a tearful acceptance speech at a black-tie gala at the Ritz-Carlton Hotel in Toronto.

Coady — who was a Giller finalist in 2011 — beat out titles by Toronto-based Dennis Bock, Toronto native Craig Davidson, Lisa Moore of St. John's and German-born Canadian Dan Vyleta.

The Giller Prize was established in 1994 by businessman Jack Rabinovitch in honour of his late wife, literary journalist



Giller Prize winner Lynn Coady.  
MARK BLINCH/THE CANADIAN PRESS

Doris Giller.

This year's jury members — CanLit legend Margaret Atwood, 2011 Giller winner Esi Edugyan and American author Jonathan Lethem — read 147 titles submitted by 61 publishers. **THE CANADIAN PRESS**

### Amherst

## Knife pulled during dispute

A 53-year-old Amherst man has been charged with uttering threats following an incident in the town over the weekend.

Amherst police say they were called to a boarding

house on East Victoria on Saturday where a knife had allegedly been pulled on a male. Witnesses told police that a noise complaint between two tenants quickly escalated into one of the parties pulling out the weapon.

The man will appear in court on Dec. 2 to face the charge. **AMHERST DAILY NEWS**



## Grass is always greener this side of winter

A couple walks past a bounty of colourful leaves during a noon-hour walk near Victoria Park on Tuesday. Temperatures were in the high single digits under mostly sunny skies. **JEFF HARPER/METRO**

# Food bank visits down, but need is not

### Supports needed.

Close to 22,000 Nova Scotians relied on a food bank in March



HALEY RYAN  
haley.ryan@metronews.ca

Feed Nova Scotia's executive director said although a drop in food bank numbers this year is "good news," improvements in financial supports for families are necessary for the trend to continue.

Food Banks Canada released their annual HungerCount findings Tuesday, showing the number of Nova Scotians relying on food banks in March 2013 went down by almost eight per cent compared to 2012, with 21,760 individuals visiting a centre at least once.

"If it stays this way, it's extremely good news," said Feed Nova Scotia's Dianne Swinemar. "One's very hopeful that

### Children

# 32%

Per cent of children assisted by a food bank this March for Nova Scotia



Dianne Swinemar, executive director of Feed Nova Scotia, delivers the results of this year's national Hunger Count Report on Tuesday. **JEFF HARPER/METRO**

... there will be improvement in the economy, improvement in programs that will significantly support the families who have been trapped in that poverty."

Swinemar said the report has used March to measure the average food bank use across the country since the mid-1990s, because the month doesn't have large holidays like Easter or Christmas that could skew the data.

HRM's numbers also went down, with 8,555 people using a food bank this March compared to 9,322 in 2012.

Overall, Swinemar said nearly 37,000 Nova Scotians used a food bank last year, mostly on a short-term basis, with 55 per cent of people assisted between

one and six times.

However, Swinemar said "staggering" numbers from Cape Breton show 81 per cent of residents that use the food bank there are on income assistance, showing a lack of sufficient funds within the program.

The report also found 78 per cent of all food banks across Canada provide programs like communal kitchens, employment help or skills training to address why people are coming to food banks in the first place.

"You realize there are other things you can do besides pass out groceries," Swinemar said, citing local examples like St. Paul's United Church's community garden, canning programs and budgeting classes.

### New government

## Exec 'hopeful' about getting Liberal help

Diane Swinemar of Feed Nova Scotia said she has "big hopes" for Stephen McNeil's new Liberal government when it comes to poverty reduction.

After a press conference Tuesday, Swinemar said she'd like to see McNeil bring back the private member's bill he introduced in 2007 that led to the formation of a Poverty Reduction Working Group before getting "scrapped."

"I'm really hopeful about that," Swinemar said. "Not just look at the poverty reduction strategy, but implement (one) that will make a real difference."

Swinemar said Feed Nova Scotia has "started communication" with McNeil's office to work together around poverty. "It's everybody's concern," she said.

HALEY RYAN/METRO





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## Foreign press

**U.S. chuckles at the drama**

Rob Ford's shocking admission clashes with the image many foreigners have of Canada, a political expert said Tuesday as the news took the world media by storm.

"It either breaks the narrative of the uptight Canadians or it plays to another narrative they have of the very liberal Canadians," said Peter Graefe, a political-science professor at McMaster University.

Within moments of the confession, it was splashed across major news websites abroad, including CNN and the BBC. Several U.S. networks carried the mayor's second news conference live.

The scandal has been a particular favourite with U.S. media, with some comparing the Ford affair to the case of former Washington, D.C., mayor Marion Barry, who was busted smoking crack cocaine by an FBI sting in 1990.

Ford has also been a recurring target for late-night talk shows. Even serious news outlets have taken a more lighthearted tone, something Graefe attributes to distance.

"It's not news when it's in other cities.... It's comedy."

A story posted on the Washington Post's website highlighted the vastly different reactions stirred by the Ford and Barry scandals.

"It's a different world now than it was in 1990," Clinton Yates wrote in the piece.

"In those days, it was a reason to vilify a majority-black city for a drug epidemic that took countless lives."

Ford's name was trending on Twitter for much of Tuesday.

"Rob Ford's crack habit is the only thing I know about Canadian politics. I wonder if I'm alone in that. (Probably not)," read a tweet from New York.

Ford's supporters defended him online, saying he's been picked on by police and media alike.

"I think @TorontoPolice should leave @TOMayor-Ford alone. Months of air surveillance is excessive and ridiculous," one wrote.

"I love Rob Ford man you do your thing, we've all used illicit drugs at some point. Don't let the haters bring you down," said another. **THE CANADIAN PRESS**

# Crack? Yes. Step back? No chance



Toronto Mayor Rob Ford speaks to the media following Tuesday's admission. Ford did not step down, saying city business must go on. RICK MADONIK/TORSTAR NEWS SERVICE

**Confession.** Councillors trying to strip Toronto mayor of powers as he refuses to leave office

The mayor of Canada's largest city vowed to remain in office Tuesday despite revealing he had smoked crack cocaine while in a "drunken stupor" — an admission that reversed months of firm denials.

"Yes! I've smoked crack cocaine!" said Mayor Rob Ford. "Am I an addict? No. Have I tried it? Probably in one of my

drunken stupors."

The mayor of Toronto said he tried the drug about a year ago, while he was in office.

Ford has been under intense scrutiny since May, when two media outlets reported on a video they said appeared to show the mayor smoking crack. Ford had defiantly denied he used the drug and suggested the video did not exist.

Hours after his surprise statement, a visibly troubled Ford made an emotional apology for his "mistakes" but said he had no plans to step aside.

"I was elected to do a job and that's exactly what I'm go-

ing to continue doing," he said. "To the residents of Toronto, I know I have let you down. And I can't do anything else but apologize."

Ford said he kept his drug use from his family, staff and colleagues because he was "embarrassed and ashamed."

Ford again called for the video to be released so everyone could judge its contents.

"I don't even recall there being a tape or a video.... So I want to see the state that I was in."

Ford's backtracking had many shaking their heads, but the mayor insisted he had been truthful.

"I wasn't lying," he told reporters. "You didn't ask the correct questions. No, I'm not an addict and, no, I do not do drugs."

Nonetheless, at city hall some who worked with Ford said his latest admission was a clear sign that he needed to step back and get help.

A member of Ford's executive committee said some councillors were bringing a motion against the mayor that could strip him of some of his powers. Municipal law makes no provision for his forced removal unless he's jailed for a criminal offence. **THE CANADIAN PRESS**

## Law



"The police service and the judicial system have to take action. But the mayor will have to make his decisions about what is appropriate right now."

Ontario Premier Kathleen Wynne

## Order



"It's certainly a sad day for the city of Toronto.... I'm the justice minister; you know where I stand on the use of illegal drugs. As a human being, I think that the mayor of Toronto needs to get help."

Conservative MP Peter MacKay

## Health



"I look forward to seeing Rob Ford get the help he obviously needs."

Federal Liberal Leader Justin Trudeau

## Responsibility



"I sincerely hope Mr. Ford will do the right thing for Toronto and the right thing for himself, which includes taking care of himself properly."

Federal NDP Leader Thomas Mulcair

## Sochi 2014

**Olympic relay to make stop in space**

For the first time in history, the Olympic torch will be taken on a spacewalk. The 2014 Sochi Winter Olympics torch will be sent to the International Space Station on board a Russian spacecraft this week, and astronauts will then carry it outside. **THE ASSOCIATED PRESS**

## Deal with Alberta

**B.C. relents on pipeline royalties**

With hopes of a trillion-dollar liquefied-natural-gas industry in her province's not-too-distant future, B.C. Premier Christy Clark has agreed B.C. will keep its hands out of Alberta's pockets where oil pipeline royalties are concerned.

The agreement removes

the prospect of the neighbouring province holding B.C.'s natural-gas hostage, but gives B.C. little else.

In return, Alberta "agrees that B.C. has a right to negotiate with industry on appropriate economic benefits." Clark suggested a proposed oil refinery project, pipeline tolls and even federal revenues are still on the table for B.C. to get the "fair share" of economic benefits. **THE CANADIAN PRESS**

## Up to \$300,000

**Feds budget cash to curb sexual violence**

The federal government is inviting proposals from community organizations to prevent online harassment and other sexual violence against girls and women.

One category of eligible projects involves preventing and eliminating cyberviolence, such as Internet

bullying, luring and cyberstalking.

The second stream is aimed at helping sexual-assault centres or community service providers prevent and respond to such violence.

Projects at the local level could be given up to \$175,000 over two years, while national initiatives are eligible for up to \$300,000 over three years. **THE CANADIAN PRESS**



# Over and out: Senate votes to suspend Duffy, Wallin, Brazeau

## Expenses scandal.

Drawn-out proceedings finally end with the trio losing pay, privileges for the duration of the parliamentary session

Mike Duffy, Pamela Wallin and Patrick Brazeau were cast Tuesday into political limbo — suspended by the Senate and reviled by their former Conservative colleagues, including the prime minister who appointed them.

All three have maintained they're the victims of a politically motivated witch hunt aimed at putting a lid on a Senate expenses scandal that has engulfed Stephen Harper's government for almost a year.

"I think it's an extremely sad day for democracy," Wallin said as she exited the Sen-



Patrick Brazeau, left, and Pamela Wallin are seen leaving the Senate Tuesday. Senators have voted to suspend Wallin, Brazeau and Mike Duffy for allegedly claiming improper expenses. SEAN KILPATRICK/THE CANADIAN PRESS

ate chamber after the vote, her voice heavy with emotion.

"If we can't expect the rule of law in Canada, then where on earth can you expect it?"

Brazeau said nothing as he left the Senate. Duffy did not show up for the vote.

The trio retain the title of senator and their health, den-



tal and life insurance coverage, but get no pay and lose their Senate privileges and resources for the duration of the current parliamentary session,

which could continue for two years.

Harper's office expressed satisfaction with the suspensions, which followed weeks

of emotional, often explosive debate, punctuated by bombshell revelations from Duffy that directly implicated the Prime Minister's Office in the scandal.

"Removing these three senators from the public payroll was the right thing to do," the PMO said in a statement.

"They should not be collecting a public paycheck."

While the vote to suspend the trio marks the end of a protracted and politically damaging debate, the shock waves wrought by Duffy are still reverberating for Harper and his Conservative government.

The RCMP is investigating the three senators, as well as former Liberal senator Mac Harb, and the steady drip of revelations from police documents filed in court is sure to continue to keep the scandal front and centre.

THE CANADIAN PRESS

## Mystery down by the bay

San Francisco's mayor says he doesn't know what it is. Police say it's not their jurisdiction. And government inspectors are sworn to secrecy.

Google is erecting a four-storey structure in the heart of the San Francisco Bay but is managing to conceal its purpose by constructing it on docked barges instead of on land, where city building permits and public plans are mandatory. Construction became obvious a few weeks



A barge under construction is docked at a pier at Treasure Island. JUSTIN SULLIVAN/GETTY IMAGES

ago.

The Internet giant's ac-

### Worries

Deb Self, executive director of the environmental group Baykeeper, said whether the structure is a store or a data centre powered by wave action there are going to be grave concerns.

tions at Treasure Island appear legal. But the mystery surrounding the bulky floating building — and a similar

one off Portland, Maine — is generating rumours and worries.

Privacy experts, environmentalists and legal authorities say that whether it is a store to sell Google's Internet-connected glasses, a data-storage centre or something else, the secrecy may backfire because Silicon Valley residents are highly protective of one of the most scenic and environmentally sensitive bays in the U.S.

THE ASSOCIATED PRESS

### Market Minute

**DOLLAR**  
95.62¢ (-0.37¢)

**TSX**  
13,361.78 (no change)

**OIL**  
\$93.37 US (-\$1.25)

**GOLD**  
\$1,308.10 US (-\$6.60)

**Natural gas:** \$3.48 US (no change)  
**Dow Jones:** 15,618.22 (-20.90)

### Random biz fact of the day

**250**

250 CVs are received on average for each job position.

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JUSTIN SULLIVAN/GETTY IMAGES

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## Douglas Coupland

Douglas Coupland's latest novel, *Worst. Person. Ever.*, is available from Random House Canada.

Day 3

metronews.ca/temp

### Pick your battles

#### Migrant workers raise a little hell on a Prairie farm

It didn't last, but a group of temporary, foreign farm workers at a small Prairie town were the first in Canada to accept a collective agreement.

The 14 workers, who travelled from Mexico to Portage la Prairie, Man. every summer to work picking crops like onions and broccoli, voted to ratify a three-year collective agreement through the United Food and Commercial Workers in the summer of 2008.

But a Supreme Court of Canada ruling in 2011 quashed the right of migrant workers in Canada to collectively bargain with their employers.

METRO IN WINNIPEG

### Wage gap

#### An hour of your time for \$5.44 less

So how do temps stack up to the rest of the work force when it comes to pay?

Well, there's a pretty stark difference.

Across Canada, temps earn, on average, \$19.58 per hour — \$5.44 less than permanent workers, according to Statistics Canada.

ANGELA MULLINS/METRO

# Temp Enjoys Thursday Meal Special at Mister McFunbury's

**R**arely have I ever felt so much like Sigourney Weaver at the end of an Alien movie. Around me nothing but casualties and disaster while I, Shannon the survivor, exit the doomed mothership to hop into a taxi to go on my glamorous date with a high-flying Asian businessman.

"Where to, Miss?"

"Mister McFunbury's."

"The one where they had the hostage taking last September?"

"No, the one by the off-ramp that takes you to the oil refineries."

"Right."

Mr. Xu (pronounced Mr. Shoe) was standing by the cigarette machine as I was told he would be. He wasn't hot, but he wasn't unhot, either — that's an important distinction. He was my age — late twenties, kind of Banana Republic, and he was quite relaxed given the clattering of walkers stemming from "It's A Senior's Shrimpy Thursday!"

"I'm Shannon."

"I am Mr. Xu."

"Let's grab our seats."

We sat down, and my first instinct was to figure out Mr. Xu's language capacity. "How long

have you been in the city?"

"Two very glorious nights."

"I'm glad they've been glorious. Is your hotel OK?"

"Most gracious hotel. Thank you."

Oh dear. I was going to be sitting with a fortune cookie all night. Well, OK. "Why don't we get into the McFunbury's spirit, Mr. Xu?"

"That would be most excellent."

I'm not totally proud of myself, but I went right for the booze — we hadn't even ordered food and I was trashing

**I'm not totally proud of myself, but I went right for the booze — we hadn't even ordered food and I was trashing the three Sarahs.**

the three Sarahs. "My issue with Sarah No.1, Mr. Xu, is that on the first anniversary of Whitney Houston's death she Facebooked: "One year later, heaven took an angel from Earth too soon."

"Most unfortunate."

"I'll say. And my issue with Sarah No. 2 is that at a Friday staff lunch she suggested "we girls" go off on our own and have a "cuddle puddle" to discuss things "the boys just wouldn't understand."

"So sorry."

"And my issue with Sarah No. 3 — killer martinis, by the way — is that she insists on microwaving popcorn with that nauseating fake butter smell. She says, 'Well I think it smells like fun. If you don't like fun then I feel sorry for you.'"

"Most ungracious."

I stared at the laminated menu. "What do you think you'll order, Mr. Xu?"

He then looked at me and said,

DAY 3

metr

TEMP

an exclusive 20-day fiction story by Douglas Coupland



### Random fact of the day

#### How cute is this?

- Sea otters hold hands when they sleep and eat in order to keep from drifting apart.

SOURCE: DAILYMAIL.CO.UK



"Well, I'm not feeling very surf-and-turf — you know, it's a mood that you're either in, or you're not. And I kind of carbo-loaded at lunch — doing a half marathon in three weeks — so I guess I'll get a clubhouse with McFunbury Sauce on the side. You?"

"You, Mr. Xu, are a total dick."

"Let us both have one more most glorious martini. Clean or dirty?"

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# GIVE HUGS NOT DRUGS, ER, NOT

They're at it again.

"They" of course, are those faceless, officious minions of Politically Correct Behaviour who are ruining all the fun.

Just when you think They can't get any more faceless or officious, They pull something like a ban on touching for little kids, with consequences for those five-year-olds who dare to hold hands.

Yes, you read that right. Kindergarten kids at Coghlan Fundamental School in a Vancouver suburb were told on Friday they couldn't touch each other, no way, no how.

No holding hands, hugging, pushing each other on the swing, playing tag or doing anything that involves contact.

And if you don't think They are serious, They sent this sternly worded memo to parents:

"We will have a zero-tolerance policy with regards to



**JUST SAYIN'**  
**Paul Sullivan**  
metronews.ca

hands-on play, resulting in the missing of playtime and trips to the office for those who are unable to follow the rules."

"OK," says the principal to the kid, "what are you doing in my office?"

"I hugged Madison."

"That's pretty serious. That sort of thing could lead to tag or even, gasp, an outbreak of holding hands. No recess for you!"

Why? Why? Glad you asked. Because this kind of stuff (touching) is allegedly dangerous and has caused some injuries, maybe. No specifics because there is nothing real that could ever justify such a ridiculous ban.

They can't help themselves. A couple of years ago, a Toronto school banned all balls:

soccer balls, basketballs, baseballs, footballs, volleyballs, everything except those foam Nerf balls. Try playing basketball with a Nerf ball.

The idea behind this nonsense appears to be: "Yeah, it's all fun until someone gets hurt." And, to be honest: "We realize this looks completely nuts but our lawyers told us to do it, and we do everything They tell us to do."

But really, can They ever go far enough? Sure, a ban on touching will discourage physical harm, but what about the mental anguish of my five-year-old? Sticks and stones will break my bones, but names will cause me to complain to the Human Rights Commission. Better issue a ban on talking.

What about breathing? Breathing causes the intake of particulate matter that can lead, later in life, to Chronic Obstructive Pulmonary Disease. Better ban breathing.

Seriously, this is evidence of a massive failure of nerve at the adult level. Either that or there's a growing reluctance to kiss the boo-boo or wipe away the tears, at least without wearing rubber gloves. It's much easier to put the little gaffers in a hermetically sealed bubble and get back to the serious business of contract negotiations. Now about that sick leave ...

## ZOOM

### Are these up close or far away?



Answers, clockwise from top left corner: micro: wing of a Green Darner dragonfly; macro: desert region of Arabian Peninsula; micro: surface of a rotted human tooth; macro: dune patterns in the Erg Oriental, Algeria. PHOTOS COURTESY STEPHEN YOUNG AND PAUL KELLY

### Photos test our perception of size

These pictures test our ability to tell apart the microscopic and macroscopic worlds.

Geographer Stephen Young and biologist Paul Kelly of Salem State University collected more than 50 such images for a joint exhibition at Salem and at Clark University in Worcester, Mass. **METRO**

#### Q and A

### What an expert says

**STEPHEN YOUNG**  
Professor of Geography, Salem State University, Mass.

**How can I guess which is small or large-scale?**  
Age and education level do

not seem to decide if people will get it right. School kids have been doing as well as college students and the general public. Professionals who have used electron microscopes or satellite imagery tend to do better, but even they misidentify some as well.

**Best aspect of the project?**  
There is something deeply intriguing about trying to figure out at what scale the image is and then to be so surprised when it is the opposite. To think something is a millimetre and to find out that it is 1,000 kilometres is quite surprising.

#### Clickbait



**ANDREW FIFIELD**  
andrew.fifield@metronews.ca

There's no shortage of apps and services that will allow you to stream music to your mobile device, but none get more use on my iPhone than SoundCloud. It's free, the selection is endless and just letting it play is the safest path to discovering something new. Try these accounts for great electronic music.



CONTRIBUTED

#### DFA Records:

Easily the reigning champ of the disco renaissance we've been hooked on for the past few years, the home of James Murphy and LCD Soundsystem also happens to be extremely generous with keeping their feed updated with new tracks.  
([soundcloud.com/dfa-records](http://soundcloud.com/dfa-records))

#### Future Classic:

Just as danceable as DFA's output, but with occasional forays into beachside guitar pop and bittersweet ballads. There are already

hundreds of songs posted for you to work your way through. Get ready to favourite a chunk of them.  
([soundcloud.com/futureclassic](http://soundcloud.com/futureclassic))

#### Ninja Tune:

The London-based label is among your best bets for when you're in the mood for something a little on the strange side. It's cool, though. There's nothing threateningly interesting. Just endless creative restlessness.  
([soundcloud.com/ninja-tune](http://soundcloud.com/ninja-tune))

#### Twitter

**@metropicks asked:** So now Rob Ford has admitted smoking crack, tell Metro what you've done **#inoneofmydrunkenstupors**

**@necksbest:** I may have listened to Justin Bieber **#inoneofmydrunkenstupors**. But I don't follow him and I'm not an addict

**@jmmelanson:** ran for mayor of Toronto and won accidentally **#inoneofmydrunkenstupors**

**@Jdubs12:** **#inoneofmydrunkenstupors** I drank some coke, a cola.

**@katangus:** **#inoneofmydrunkenstupors** I ordered both the paperback and Kindle editions of 50 Shades of Grey.

**@JGregRandall:** I was in Seattle last year and did not visit the Space Needle. What was I thinking? **#drunkenstupor**

**Follow @metropicks and take part in our daily poll.**

#### WE WANT TO HEAR FROM YOU:

Send us your comments: [halifaxletters@metronews.ca](mailto:halifaxletters@metronews.ca)



# It's no Baby Sitter's Club, but Thor will do, I guess

## Natalie Portman.

The star talks about her obsession with a certain book series and working with legend Anthony Hopkins

RICHARD  
CROUSE  
scene@metronews.ca

Despite starring in two movies based on a Marvel hero Natalie Portman says, "I've never gotten into comic books."

This weekend she reprises the role of Jane Foster, scientist and love interest to the God of Thunder in Thor: The Dark World.

Portman may not have spent time reading comics but she can understand the obsession fans have with Thor's characters because she was once a fan girl herself.

"The one thing I ever got into, like, that is really dorky," she says, "until I was 12 or 13 I was obsessed with the Babysitter's Club, a series of books for girls. There was a new book every month and the day the book would come out I had to go to the bookstore and get it and read it on the way home."

"The writer's name was Ann M. Martin and my friends and I would look in the phone book and call every Ann Martin trying to get her."

"One time she came to our bookstore and did a signing. The week before I wrote a packet about what her next



Natalie Portman stars in Thor: The Dark World, which opens this weekend.  
ALL PHOTOS CONTRIBUTED

book should be about, with drawings, and I waited in line for three hours and gave it to her and she was like, 'OK weirdo.'"

Playing heroine Jane Foster is miles away from her Academy Award winning role in the dark psychological drama Black Swan.

Portman admits she "never thought I'd get the chance" to act in a superhero movie, "which is why whenever they ask I say yes."

Also appealing is the chance to work with Anthony

Hopkins, who she describes as "a giant among actors."

She shares several scenes with the veteran actor and says she was "completely intimidated" by him.

"I kept messing up lines around him because I was so nervous but he was so sweet about it. He'd say, 'That's a really hard line to say.'"

Many of her scenes with Hopkins take place on Asgard, the celestial planetoid home to Thor and his family, which raises the question, does Portman believe there is

## Analysis

## What's behind the hammer?



IN  
FOCUS  
Richard Crouse  
scene@metronews.ca

It's hammer time at the movies this weekend.

Thor: The Dark World opens in theatres, bringing with it Chris Hemsworth as the sledgehammer wielding superhero with his rippling muscles, crazy mythology and Dark Elves.

The Marvel comic series borrowed the character from Norse mythology, co-opting the God Of Thunder's most famous weapon, the Mjölner. In myth the name translates to "that which smashes," and refers to his hammer, a fearsome club capable of levelling mountains, causing lightning flashes and boomeranging back when he throws it.

"The power within

Mjölner," he says, "doth rage like the winter storms bursting upon the shore in furious assault!"

According to Nordic legend the mallet was forged by dwarven brothers Sindri and Brokkr but Marvel embroidered the lore, adding to the story the fictional Asgardian metal uru as the main component of the basher and an inscription that reads, "Whosoever holds this hammer, if he be worthy, shall possess the power of Thor."

The image of Thor flying through the air, propelled by Mjölner, is the iconic picture from the comics and movies, but not from mythology.

According to legend, Thor's preferred mode of transport was a chariot drawn by two 1,700-pound warrior goats named Toothgnasher and Toothgrinder.

Thor: the man, the myth, the legend.



life on other planets?

"That question makes me think of another movie. In Antz all the insects are around a campfire," she says, laughing, "and they say, 'Do you think there's something

bigger than us out there?'"

"It totally feels like that. Of course there has to be something else out there. I don't know what it is but it would be completely silly to think that we're 'it.'"

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Eminem. ALL PHOTOS GETTY IMAGES

## Eminem on the defensive once again

Eminem is taking fire for still using homophobic terms in his lyrics on his latest album, so he's doing his best to explain himself.

"That word, those kinds of words, when I came up battle-rapping or whatever, I never really equated those words" to actually meaning gay, he tells Rolling Stone.

"It was more like calling someone a bitch or a punk."

The 41-year-old rapper insists it's all in good fun and people know how he really

feels.

"I say so much s— that's tongue-in-cheek," he says of the lyrics.

"But the real me sitting here right now talking to you has no issues with gay, straight, transgender at all. I'm glad we live in a time where it's really starting to feel like people can live their lives and express themselves. And I don't know how else to say this; I still look at myself the same way that I did when I was battling and broke."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

## The Word



## No, it's just a gentleman's club, guys... with bed sheets

So apparently that Brazilian brothel Justin Bieber hung out at over the weekend wasn't exactly a brothel per se, according to some sources that are trying to help salvage the 19-year-old pop star's reputation.

Centaurus is more like "an old-fashioned gentleman's club," a source tells E! News.

"For what it is, it is high

end and it's not cheap to get in there. There is an entrance fee. Playboy-types go there and local businessmen and tourists."

Of course, that doesn't quite explain why the establishment would have bed sheets bearing its logo on hand — one of which Bieber hid under as he was rushed out of the building.

And as for the two women from the club who left with Bieber?

"The girls that work there — some have clothes on and some kind of don't," the source explains. "They are all in there to make money. They don't work for the club."



Miley Cyrus

## Miley Cyrus mocks In Touch magazine

Miley Cyrus is clearly taking all the tabloid attention she's been receiving in stride. In Touch magazine published an extensive cover story on the singer with a giant head-

line. "Miley finally admits: I need help!"

So what was Cyrus' response? She made the magazine cover her profile picture on Twitter.

## Twitter



@TheRock

When it comes to success, consistency is key. Consistent hard work that we may not like, but for a payoff we'll love.



@kirstiealley

Tech geniuses...my twitter wouldn't work AT ALL for 2 days..it would kick me out! what technically would cause that? other than hate crimes?



@johncusack

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3  
LIFE

# The lost link to golf heaven

**Bermuda.** Island's plethora of renowned courses attract players from around the world



**BRIAN KENDALL**  
canadiangolfttraveller.com

Bermuda is renowned for its pink sand beaches, turquoise waters and refined atmosphere. Just as unforgettable are Mid Ocean, Port Royal and the other golf courses on an island of almost celestial beauty.

"You go to heaven if you want to," Mark Twain famously said of Bermuda. "I'd rather stay here."

Founded in 1609 by survivors of a British shipwreck, Bermuda has long enjoyed a reputation as one of the most beautiful places on Earth. Sailboats and luxury yachts dot the harbour at Hamilton, the bustling capital, where colonial-style houses topped by stepped roofs to collect rainwater are painted in a palette of pastel colours. Oleander, frangipani, bougainvillea and hibiscus scent the warm breezes of the Gulf Stream.

High season in Bermuda, located roughly 1,000 kilometres east of the North Carolina coastline, runs from April through October. But many Canadians visit during the sub-tropical island's more temperate winter months, when daytime highs average just below 20 C, room rates are reduced, and tee times at top courses are readily available.

Though just 54 square kilometres in size, Bermuda is remarkably rich in world-class golf courses. The sport



Port Royal's signature 16th hole is a par three clinging to a cliff high above Whale Bay. PHOTOS: MARKETING BERMUDA



Breathtaking ocean views will help you forget your double bogeys.

has been a major tourist draw since the early 1920s, when Riddell's Bay Golf and Country Club opened on a narrow peninsula thrusting into the turquoise waters of the Great Sound. The tight fairways and small greens of architect Devreux Emmet's 5,713-yard layout offer ample challenge, especially when winds gust off the Atlantic.

A few kilometres north of Riddell's Bay is Mid Ocean

Club, a superb Charles Blair Macdonald design that has symbolized Bermuda golf since opening shortly after the launch of Riddell's Bay.

Mid Ocean is where Bermuda's elite take their divots. Billionaire Ross Perot and New York's Michael Bloomberg own houses in the rolling hills overlooking the golf course. Another member, movie star Michael Douglas, became a local hero in the aftermath of

hurricane Fabian in 2003 when he used his private jet to deliver chain saws and generators, then stayed for a week to help in the cleanup.

Remodelled with good judgment by the great Robert Trent Jones Sr. in 1953, Mid Ocean offers risk-and-reward golf at its best as it winds 6,520 yards through rolling inland countryside before ending dramatically with a par four that skirts the bluffs overlooking the sea.

At Mid Ocean's daunting 433-yard par-four fifth, where the fairway bends around a lake that is widest on the direct line to the green, Babe Ruth once put a dozen balls in the water before hitting a home run.

Two other popular and challenging layouts are Tucker's Point Club, a hilly Roger Rulewich redesign that is the centrepiece of a posh resort community featuring Tucker's Point Hotel and Spa; and Belmont Hills Golf Course, a re-

## After golf

- **Beaches.** Bermuda is renowned for its secluded and pristine pink sand beaches. Three of the best: Whale Bay, Astwood Cove and Jobson's Cove.
- **Snorkelling.** There are roughly 300 shipwrecks to explore in warm and clear waters offering reefs, underwater caves and a variety of marine life.

modelled 6,017-yard layout offering panoramic vistas of the Great Sound and Hamilton Harbour. Bermuda even boasts one of the world's top-ranked par-three courses, Turtle Hill Golf Club, an 18-hole, 2,962-yard beauty on the grounds of Bermuda's largest hotel, the towering pink 593-room Fairmont Southampton.

But the buzz these days is about the rejuvenated Port Royal Golf Course, which every October since 2009 has hosted the PGA Grand Slam of Golf, a made-for-TV exhibition featuring the winners of the year's four major championships.

Built in the 1960s by Trent Jones Sr. atop ocean-side cliffs on the south shore, the government-owned course received a brilliant \$15-million revamp several years ago by Rulewich, who worked with Jones during the original construction.

Especially unforgettable is Port Royal's signature 16th, a staggeringly gorgeous wind-blown par three clinging to a cliff high above Whale Bay that stretches to a heroic length of 235 yards from the back tee.

Twain had it right. With golf holes like that, heaven can wait.

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# Disney gets decadent in Hawaii

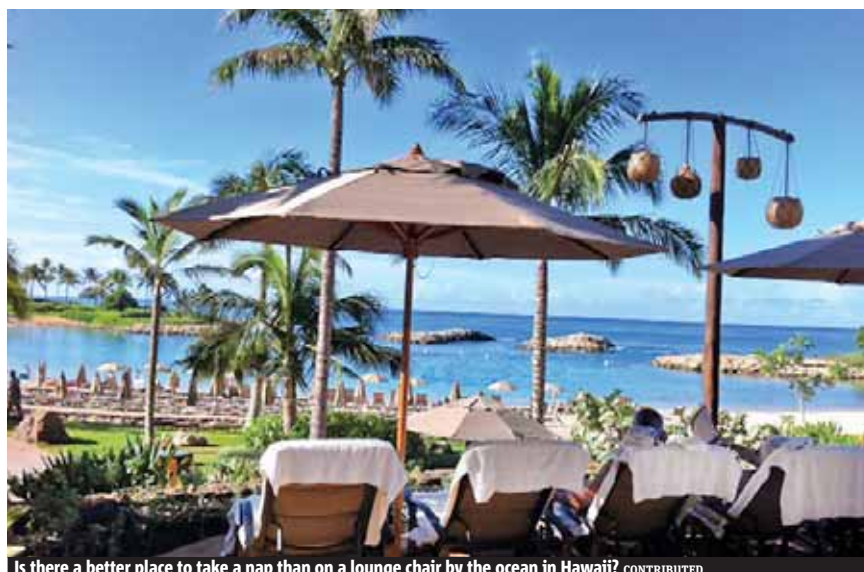
**Aulani.** With spas, cultural activities and plenty to keep the kids occupied, this is a dream spot for families

MAE  
BOWRING  
life@metronews.ca

Sunsets that'll make you speechless and postcard-worthy palm trees await at Aulani: A Disney Resort & Spa, on the western shore of O'ahu. Open for two years, the Disney property recently underwent an expansion to keep up with the flood of tourists. But this isn't the Disney resort you know. It's luxury meets the beach and when you add a sprinkle of pixie dust, Aulani is a Canadian family's dream destination. Here are the top five things to see and do.

## Find humuhumu

Get ready to see each colour of the rainbow and every



Is there a better place to take a nap than on a lounge chair by the ocean in Hawaii? CONTRIBUTED

shade in-between when you snorkel the Rainbow Reef. Hundreds of curious tropical fish will swim by your mask to show off their beauty and if you're lucky, you'll get a glimpse of the reef's one

and only humuhumu nuku-nuku apua'a. Hawaii's state fish, it looks like it's wearing bright blue lipstick and eye shadow.

## Take a walk back in time

History and culture come to life through song and dance at the Starlit Hui. Uncle, what Hawaiians call an elder man out of respect, shares folklore while families make traditional

crafts and learn how to hula under the stars. Uncle reveals tales of the mythical Menehune over a campfire as well. They are said to help the good and play tricks on the bad, so tourists are reminded to always be on their best behaviour.

## Freshwater heaven detox

Being rubbed with hot rocks and sticks wouldn't normally appeal, but the lomilomi massage at the co-ed Laniwai Spa erases all real-life stress. Guests can also indulge in the outdoor water therapies of plunge pools and rainfall showers or snooze on a lounge chair amongst lush vegetation and blossoming flowers native to Hawaii. It's easy to quiet the mind when you can't hear anything at all.

## Aulani's non-stop fun

Everyone squeals a little racing down the mountaintop water slide. But after the big splash comes the best part — a tube ride down the lazy river — which boasts

the best view of the resort. Beach yoga or boot camp is a great way to work off all those mai tais and if the cerulean beach water doesn't call your name, the gorgeous infinity pools will. Want to make your own volcano and then blow it up? Sorry, that's only for kids during day programming at Auntie's Beach House.

## Head for the North Shore

Hawaiian cuisine, sport and wildlife can be found on O'ahu's North Shore. An hour's drive from Aulani, you'll see fearless surfers catching waves and giant sea turtles coming ashore for a rest on Laniakea Beach. Bring your appetite, because the garlic shrimp at Giovanni's food truck, the Baja corn at Uncle Woody's and the rainbow shave ice from Matsumoto's are must-tries. Open for more than 60 years and made popular by surfers, the lineup for shave ice may extend down the street, but it's worth the wait.

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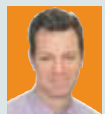
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## Adventuring

## Tips for your own epic global trek



**ON THE MOVE**  
Loren Christie  
life@metronews.ca

An around-the-world trip is something many of us dream of but the thought of planning it can be daunting.

The first step is acknowledging that it will be a lot of work. You're not just planning one holiday, you're planning 12 or 15 or 20 back to back and dealing with numerous flights, hotels, airport transfers, different currencies, languages and time zones.

You should count on being away for at least a couple of months and once you hit the road it's imperative to leave time every few days to stay on top of — and make changes to — your schedule.

Plan an itinerary that ensures you visit the spots you have always dreamed of seeing: the Great Wall of China, the Taj Mahal or the Great Barrier Reef.

However, make sure to leave room for some spontaneity in your trip. Once you're on the road, the reality of travelling could have you feeling differently about places.

Book holidays within the holiday. You'll need to give yourself a rest every now and then.

Don't feel bad that you're

not exploring some hidden temple or touring a museum. Sometimes you just need to plant yourself in a beach chair with a drink in hand.

The more obscure the places you want to hit, the more expensive your ticket will likely be. Stopping in major hub cities like London, Sydney and Bangkok will keep the price of your plane ticket down. Purchase your ticket with an airline that is part of a larger alliance, like Air Canada and Star Alliance, which gives you the option to fly on more than 25 airlines as part of your ticket. Remember that round-the-world plane tickets will keep you moving from east to west or vice-versa; you can't go backwards.

Pack light, but also pack what you like to wear. You're going to be wearing the same clothes again and again, through countless layovers, different climates and a variety of cultures. While shopping may be enticing, lugging around what you buy for weeks or months will quickly become cumbersome.

Don't be afraid to go alone. My friend @MSiddiqi is currently on month six of a solo trip and loving it. If you are travelling by yourself you will meet other people easier than if you were travelling with a companion. The opportunity to move at your own pace is an added bonus of travelling alone.

A round the world trip can be a costly, time-consuming endeavour, but the rewards are priceless.

# Move over pumpkins, it's orange's time to shine



**ROSE REISMAN**  
For more, visit  
rosereisman.com or  
follow her on twitter  
@rosereisman

If you love pound cakes but don't want to add on the pounds, this is a perfect dessert or snack in the afternoon. The cream cheese gives the cake a creamy and buttery texture without the calories and the fat.

For the record, each serving contains 214 calories and 7.6

## Ingredients

### Cake

- 2 eggs
- 1 1/4 cups granulated sugar
- 1/4 cup orange juice
- 1/4 cup vegetable oil
- 2 oz light cream cheese, softened
- 1 tbsp grated orange rind
- 1 tbsp poppy seeds
- 1 2/3 cups all-purpose flour
- 1 1/2 tsp baking powder
- 1/2 tsp baking soda
- 2/3 cup low-fat sour cream

### Icing

- 1 oz light cream cheese, softened
- 1/2 cup icing sugar
- 1 tbsp fresh orange juice

### Garnish

- Poppy seeds and/or grated orange rind

## Orange Pound Cake



This recipe serves 12. ROSE REISMAN

grams of fat.

1. Preheat oven to 350 F. Spray a 9 X 5-inch loaf pan with cooking spray.

2. To make cake: In a food processor or in a large bowl and using an electric mixer, beat eggs, sugar, orange juice, oil, cream cheese, orange rind, and poppy seeds until smooth.

In another bowl, stir together flour, baking powder, and baking soda; into cream cheese mixture, alternately stir flour mixture and sour cream, making three additions of each. Pour into prepared pan.

3. Bake in the centre of oven for 45 to 50 minutes or until a tester inserted in centre of

cake comes out clean. Remove from pan and cool completely on a wire rack.

4. To make icing: In a food processor or in a bowl and using an electric mixer, beat all icing ingredients together. Spread over top of cake. Garnish with poppy seeds and/or orange rind.

## Drink of the Week

### The Perfect Martini

- 2 oz Luksusowa Vodka
- 1/4 to 1/2 oz dry vermouth
- Crushed ice

- Olive, onion or a lemon twist
- Tools**
- Stainless steel shaker or glass pitcher with spoon and strainer
- Atomizer
- Martini or rock glass
- Condiment pick or zester

(depending on selected garnish)

Use chilled martini or rock glass. Sparingly atomize inside of glass with the dry vermouth (less vermouth equals a martini that is more dry).

Gently shake or stir Luksusowa Vodka with crushed ice in stainless steel shaker or glass pitcher. Immediately pour (straining out ice) into glass. Garnish with olive, onion or a lemon twist. COURTESY LUKSUSOWA



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# Tales of Twitter gone terribly awry

## Watch what you web.

Can you be formally disciplined by your employer for your tweets, comments and postings? History tells us, yes.

PARISA  
NIKFARJAM  
TalentEgg.ca

The social media world has become more expansive, and more a part of our everyday routine, so it should be no wonder that it has seeped into our working life as well.

Social media can be a great platform for self or company promotion (think how vast your reach is on LinkedIn, Twitter, Facebook), but at the same time, it can spell demotions, suspensions and terminations.

A perusal of the news is a testament of the career-damaging potential of social media.

### Real world examples

#### Ontario Hockey League

Take for example Joe Monette, an Ontario Hockey League referee, who was sus-



If you don't "like" the idea of being let go, then be careful what you cast out into the social sphere. ISTOCK

pended for his online posts.

After officiating a game in Sault Ste Marie, Monette took to Twitter and tweeted the following: "Soo Saint Mari, two words, Slim Pickens. #noteeth #hicktown #allfaties."

Not surprisingly, the

residents of Sault Ste Marie did not appreciate the comment, and uproar quickly ensued.

In an attempt to quell the upset caused by his tweet, Monette subsequently tweeted: "My tweet last night was not meant to be

offensive and was meant as a joke between myself and a buddy of mine that lives in the Soo. I apologize if I offended anybody."

The OHL was not satisfied with Monette's blanket apology, and suspended him for the rest of the season and playoffs.

#### Mr. Big & Tall Menswear

Following the death of Amanda Todd, a 15-year-old British Columbia teen who took her own life after years of bullying, a Facebook memorial wall was created in her honour. Justin Hutchings of London, Ont., posted a profane comment to that memorial wall, which suggested that he was glad the teen had taken her life.

Hutchings' employer, Mr.

Big & Tall Menswear was readily identifiable on his Facebook account. Upon learning of the posting, the company immediately terminated Hutchings' employment. Kamy Scarlett, senior vice-president of store operations and corporate HR with the employer, commented that the termination was based on their "zero tolerance for the mistreatment of others no matter what form it takes."

#### Kent Police

Just outside of another city of London (this time in England), a teen named Paris Brown, who had recently been appointed the first youth police and crime commissioner for Kent, faced similar outrage when her

tweets were published in the local newspaper.

In that regard, Brown's tweets bragged about her drinking and drug use, criticized the local pizzeria employees for not speaking "proper English" and included various racist and homophobic comments.

While members of the British Parliament called for Brown's resignation, Brown defended herself by stating that the tweets were taken out of context and that she was "wildly exaggerating" on Twitter.

Despite Kent Police and Crime Commissioner Ann Barnes' supportive statement that Brown's tweets were not unlike the posts of many other teenagers on social media, Brown ultimately resigned.

These recent examples seem to contradict the conventional wisdom that what employees do on their own time is their own business.

Regardless of whether or not an employee's online comments/conduct rises to the level of "just cause" for termination without notice and severance, it remains an employer's prerogative to proceed with a "not for cause" dismissal, and provide appropriate termination arrangements.

In other words, an ill-advised social media post may cost you your job regardless of whether or not it represents "just cause."

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### Employment-related misconduct

What has emerged from recent cases is that employers can take the position that an employee's off-site and off-duty conduct online will constitute employment-related misconduct if:

- The employee's conduct harms the employer's reputation.

- The employee's conduct makes the employee unable to perform his/her duties satisfactorily.

- The employee's conduct leads to refusal, reluctance or inability of the other employees to work with him/her (think blogs/posts criticizing

coworkers!).

- The employee's conduct makes it difficult for the employer to properly carry out its function of managing its business and efficiently directing its workforce.

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Dalhousie Tigers men's basketball coach Rick Plato is gearing up for his first season with the team. JEFF HARPER/METRO

# Stars align for Tigers' new coach

**AUS.** Rick Pinto begins tenure with Dalhousie men's basketball team

GEORDON OMAND  
halifax@metronews.ca

The Dalhousie Tigers men's basketball team has a new captain at the helm, and he is getting ready to make waves.

Veteran coach Rick Plato is ready to start his first season as head coach, but the 56-year-old is no novice to the role. He has a full quarter-century of experience coaching the Mount Saint Vincent University Mystics

men's basketball team at the Canadian college level.

Under his leadership, the team collected 13 Atlantic titles and made 14 appearances at nationals, winning two medals (1978 and 1979).

But he has always wanted the challenge of the next level.

That opportunity arose when Plato was chosen to replace outgoing Tigers coach John Campbell, who moved on in March to take up with the University of Toronto Varsity Blues.

"The stars couldn't have aligned any better for me," said Plato.

When asked about his goals for the upcoming basketball season, Plato did not mince

## Last season

# 11

The number of wins the Dalhousie Tigers recorded in AUS action last season during the 20-game regular season. They lost to St. Francis Xavier in the quarterfinals.

words.

"To win," he said.

His players seem to share his ambitions.

Second-year shooting guard Jarred Reid was clear about what he wanted: an Atlantic University Sport championship.

"If they can win once they're a champion for life," said Plato.

"And I just want them to experience it, because it feels great."

He would know.

Plato also helped the Saint Mary's Huskies bag two national titles when he played as a university athlete between 1976 and 1981.

He was named the team's most valuable player and athlete of the year in his final season.

But if victory for the Tigers is his short-term goal, Plato ultimately has higher aspirations for his players.

"To make them winners both on and off the court," he said. "That's my goal."

The Tigers' opener is Friday against the University of New Brunswick at Dalplex.

## CIS basketball. Huskies women ranked No. 1 in country



Scott Munro HANDOUT

Their first game of the regular season hasn't even been played and already the Saint Mary's Huskies women's basketball team has achieved a first for the program.

On Tuesday, Canadian Interuniversity Sport released its first women's basketball rankings for the season with the Huskies holding down the No. 1 spot.

The rankings are made up of votes from university coaches across the country.

"It's a number," said Huskies coach Scott Munro on Tues-

day after the rankings came out. "It doesn't mean a whole lot other than we're playing some decent basketball."

But one thing's for certain, Munro said: "It's a big target — now everyone's going to be gunning for you for sure."

Last year, the Huskies captured the Atlantic University Sport title before going on to win their first-ever CIS medal (bronze) at nationals in Regina.

Munro — who starts his sixth season as coach — said the focus with this year's group is about finding a new

identity with the team.

"It's a long haul till March and the goal basically at this point is no different," said Munro, whose squad is led by reigning CIS MVP Justine Colley of East Preston. "To work hard and practise and get better every game."

The Huskies play their season opener Saturday in St. John's against the Memorial Sea-Hawks. Their home opener is next Wednesday against the St. Francis Xavier X-Women.

GEORDON OMAND/FOR METRO

## Olympics

### Canada sets up phone line to crack down on doping

With the Sochi Winter Olympics fast approaching, overseers of Canada's elite athletes are hoping to avoid a post-podium national embarrassment.

In an effort to catch cheaters, the Canadian Centre for Ethics in Sport launched an anonymous snitch line Tuesday where athletes and others connected to sport can report allegations of doping.

Canadians want every effort to be made to prevent an embarrassing spectacle in Sochi, centre president and CEO Paul Melia said.

THE CANADIAN PRESS

## NFL

### Texans coach released from hospital after mini-stroke

Texans coach Gary Kubiak is out of the hospital after suffering what the team said was a mini-stroke, but there's no word on when he will resume coaching duties.

The team said the 52-year-old Kubiak suffered a transient ischemic attack at halftime of Sunday's loss to Indianapolis. He was released from the hospital on Tuesday and is expected to make a full recovery.

THE ASSOCIATED PRESS

## NBA

### Heat stars prove too much for Raps

With Chris Bosh back home on dad duty, the Miami Heat had to make do with the "Big Two."

LeBron James poured in a season-high 35 points, while Dwyane Wade added 20 to propel the Miami Heat to a 104-95 win over the Raptors on Tuesday, marking Miami's 12th consecutive victory over Toronto.

DeMar DeRozan had 21 points to top Toronto (2-2), while Jonas Valanciunas finished with 18 points and nine rebounds. Rudy Gay and Kyle Lowry scored 13 points apiece while Terrence Ross added 11. THE CANADIAN PRESS





Oilers defenceman Philip Larsen scores a first-period goal on Panthers Jacob Markstrom on Tuesday night in Sunrise, Fla. JOEL AUERBACH/GETTY IMAGES

# Outlook brighter for Oilers in Sunrise

**NHL.** Arcobello nets two goals, including overtime winner, lifting Edmonton to victory over Panthers in Florida

Mark Arcobello scored his second goal in overtime and the Edmonton Oilers snapped a five-game losing streak with a 4-3 victory over the Florida Panthers on Tuesday night.

Edmonton went on the power play after Florida's Scottie Upshall was called for tripping 32 seconds into the extra period and Arcobello rifled a slap shot from the left circle that got past Florida goalie Jacob Markstrom 1:23 later.

Taylor Fedun scored his first career goal and Philip Larsen also scored for Edmonton. Devan Dubnyk made 20

On Tuesday	
4	3
Oilers	Panthers

saves. Ryan Nugent-Hopkins had two assists.

Upshall scored two third-period goals and Marcel Goc also scored for the Panthers. Markstrom stopped 23 shots.

Florida has lost six straight and nine of its past 10.

Upshall tied the game with 57.6 seconds left on a slap shot from the left circle. His first goal came at 10:04 of the third when he took a pass from Jesse Winchester from the right circle to the high slot. His shot got past Dubnyk on the right side.

After the first period ended 1-1, the Oilers scored two goals in 33 seconds early in

the second. Arcobello shot from just below the left circle and the puck went high into the net at 2:06 to make it 2-1.

Fedun, playing in his first NHL game, tipped in a pass from Nugent-Hopkins at 2:39. Fedun was recalled from AHL Oklahoma City on Monday.

The Panthers took a 1-0 lead in the first on the goal by Goc. Jonathan Huberdeau passed from the right side to Goc in the centre. His wrist shot beat Dubnyk on the glove side at 10:35. It was just the fourth time the Panthers scored first in 15 games this season.

The Oilers tied it during four-on-four play with just over three minutes left in the first. Nugent-Hopkins brought the puck down along the boards on the right side. He slid a pass to Larsen in the slot and his wrister beat Markstrom at 16:59. It was the first goal scored by Edmonton in 172:46.

THE ASSOCIATED PRESS

## NHL

### EASTERN CONFERENCE

#### ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Tampa Bay	14	10	4	0	47	35	20
Toronto	15	10	5	0	48	36	20
Detroit	16	9	5	2	40	41	20
Boston	14	8	5	1	38	28	17
Montreal	16	8	7	1	43	34	17
Ottawa	15	5	6	4	46	48	14
Florida	15	3	8	4	31	53	10
Buffalo	16	2	13	1	26	49	5

#### METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	15	11	4	0	48	33	22
Washington	15	8	7	0	50	42	16
NY Islanders	15	6	6	3	47	50	15
Carolina	15	5	7	3	29	45	13
NY Rangers	14	6	8	0	26	40	12
Columbus	14	5	9	0	34	40	10
New Jersey	14	3	7	4	26	42	10
Philadelphia	14	4	9	1	22	39	9

#### Tuesday's results

Dallas 3 Boston 2 (SO)  
Ottawa 4 Columbus 1  
Washington 6 NY Islanders 2  
Edmonton 4 Florida 3 (OT)  
St. Louis 3 Montreal 2 (SO)  
Carolina 2 Philadelphia 1 (OT)  
Minnesota 5 Calgary 1  
Phoenix 3 Vancouver 2 (SO)  
Buffalo at San Jose

## MLS PLAYOFFS

### CONFERENCE SEMIFINALS

#### EASTERN CONFERENCE

##### NEW YORK VS. HOUSTON

#### Sunday's result

Leg 1 — New York 2 Houston 2  
Wednesday's game — All Times Eastern  
Leg 2 — Houston at New York, 8 p.m.

##### SPORTING KC VS. NEW ENGLAND

#### Saturday's result

Leg 1 — New England 2 Sporting KC 1  
Wednesday's game  
Leg 2 — New England at Sporting KC, 9 p.m.

### WESTERN CONFERENCE

#### CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Colorado	13	12	1	0	42	19	24
Chicago	15	9	2	4	52	42	22
Minnesota	16	9	4	3	43	35	21
St. Louis	13	9	2	2	47	31	20
Nashville	14	7	5	2	31	40	16
Dallas	15	7	6	2	40	44	16
Winnipeg	16	6	8	2	39	47	14

#### PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	16	12	3	1	52	40	25
Phoenix	16	11	3	2	54	48	24
San Jose	14	10	1	3	53	27	23
Vancouver	17	10	5	2	48	44	22
Los Angeles	15	9	6	0	43	40	18
Calgary	15	6	7	2	43	54	14
Edmonton	16	4	10	2	40	62	10

**Note:** Two points for a win, one point for overtime loss.

#### Monday's results

Anaheim 2 NY Rangers 1  
Winnipeg 4 Detroit 2  
Sunday's results  
Dallas 4 Ottawa 3 (SO)  
Calgary 3 Chicago 2 (OT)  
Minnesota 4 New Jersey 0  
Wednesday's games — All Times Eastern  
Pittsburgh at NY Rangers, 7:30 p.m.  
Winnipeg at Chicago, 8 p.m.  
Nashville at Colorado, 9:30 p.m.  
Phoenix at Anaheim, 10 p.m.

### WESTERN CONFERENCE

#### PORTLAND VS. SEATTLE

#### Saturday's result

Leg 1 — Portland 2 Seattle 1

#### Thursday's game

Leg 2 — Seattle at Portland, 11 p.m.

#### REAL SALT LAKE VS. LA GALAXY

#### Sunday's result

Leg 1 — LA Galaxy 1 Real Salt Lake 0

#### Thursday's game

Leg 2 — LA Galaxy at Real Salt Lake, 9 p.m.

## NBA

### EASTERN CONFERENCE

	W	L	Pct	GB
Indiana	4	0	1.000	—
Philadelphia	3	1	.750	1
Miami	3	2	.600	1 1/2
Toronto	2	2	.500	2
Charlotte	2	2	.500	2
Orlando	2	2	.500	2
Cleveland	2	2	.500	2
Detroit	2	2	.500	2
Brooklyn	2	2	.500	2
Chicago	1	2	.333	2 1/2
Atlanta	1	2	.333	2 1/2
Milwaukee	1	2	.333	2 1/2
New York	1	3	.250	3
Washington	0	3	.000	3 1/2
Boston	0	4	.000	4

### WESTERN CONFERENCE

	W	L	Pct	GB
L.A. Clippers	3	1	.750	—
Houston	3	1	.750	—
Phoenix	3	1	.750	—
Minnesota	3	1	.750	—
Golden State	3	1	.750	—
San Antonio	3	1	.750	—
Dallas	3	1	.750	—
Oklahoma City	2	1	.667	1/2
Portland	2	1	.667	1/2
Memphis	2	2	.500	1
L.A. Lakers	2	3	.400	1 1/2
Sacramento	1	2	.333	1 1/2
New Orleans	1	3	.250	2
Denver	0	3	.000	2 1/2
Utah	0	4	.000	3

#### Tuesday's results

Miami 104 Toronto 95  
Brooklyn 104 Utah 88  
Charlotte 102 New York 97  
Indiana 99 Detroit 91  
Phoenix 104 New Orleans 98  
Dallas 123 L.A. Lakers 104  
San Antonio 102 Denver 94  
Atlanta at Sacramento  
Houston at Portland

## CFL PLAYOFFS

### DIVISION SEMIFINALS

#### EAST DIVISION

Sunday's game — All Times Eastern

Montreal vs. Hamilton (at Guelph, Ont.), 1 p.m.

#### WEST DIVISION

#### Sunday's game

B.C. at Saskatchewan, 4:30 p.m.

Byes: Toronto (East), Calgary (West)

## NHL

### Kane questionable for Jets in Chicago

Winnipeg Jets forward Evander Kane is questionable for Wednesday night's game against the Blackhawks but he will be making the trip to Chicago.

Kane is listed as day-to-day with an unspecified injury. Coach Claude Noel says Kane's status will be reviewed in Chicago.

THE CANADIAN PRESS

## NHL

### Arnott hangs up skates for good

Jason Arnott has announced his retirement after playing 1,244 games in 18 NHL seasons.

Arnott was the No. 7 overall pick of the Oilers in 1993. He finished with 938 points (417 goals and 521 assists) having also played for the New Jersey Devils, Dallas Stars, Nashville Predators, Washington Capitals and St. Louis Blues.

The Collingwood, Ont., native won the only Stanley Cup of his career with the Devils in 2000.

THE CANADIAN PRESS

## NHL. Ovechkin picks up where he left off for Caps

Alex Ovechkin returned from a shoulder injury to score his 11th and 12th goals of the season, and the Washington Capitals rode a second-period flurry to a 6-2 win over the New York Islanders on Tuesday night. After being sidelined for two games, Ovechkin scored twice on the power play in a five-goal second period for the Capitals, who have won three straight and are above .500 for the first time this season (8-7).

THE ASSOCIATED PRESS



The Capitals' Nicklas Backstrom puts a shot on the Islanders' net against goalie Evgeni Nabokov. NICK WASS/THE ASSOCIATED PRESS

Weeknights at 8 K8 counts down the HOTTEST songs of the day

**TOP SIX @ 6**

- 6 Hedley Anything
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# 2014 Ram EcoDiesel



ALL PHOTOS WHEELBASEMEDIA.COM

**Review.** That thing got a Hemi engine? Nope. Something better

**MALCOLM GUNN**  
wheelbasemedia.com

As light-duty pickup trucks go, the upgraded-for-2013 Chrysler-built Ram (né Dodge) is among the best in the business. It has to be to keep pace with the Ford F-150, General Motors' recently renewed Chevrolet Silverado and GMC Sierra, plus maintain its considerable lead over the Toyota Tundra and Nissan Titan.

For 2014, all three domestic pickups offer relatively stout base V6 engines — around the 300-horsepower mark — and impressive levels of fuel conservation. However Ram has taken what for many is the next logical step by adding a turbo-diesel (EcoDiesel in Ram-speak) to its V6 and V8 lineup.

Although a mainstay of the Ram's tougher HD models, there has been no turbo-diesel in the lighter 1500-series pickups. But the new EcoDiesel's timing is ideal since Nissan has a diesel in the works for the next-generation Titan pickup and GM is reportedly developing its own version for the Sierra/Silverado. As Chrysler proved years ago with the 1984 minivan launch, the first one over the wall risks getting bloodied, but also stands to gain a significant

advantage over those who follow.

For the 1500-series application, Ram is using the same 3.0-litre turbo-diesel V6 that's optional in the Jeep Grand Cherokee. The engine, which originates from a company in Italy that's now 100 per cent Chrysler-Fiat-owned since former partner GM sold its share, produces 240 horsepower and 420 pound-feet of torque. The engine connects to an eight-speed automatic transmission, as does the 3.6 gas engine, while the V8 comes with a six-speed that can be swapped for the eight-speed.

The Ram EcoDiesel can tow up to 7,200 pounds (3,270 kilograms), which is about the same as the 3.6 V6. The diesel can be added to nearly all of the Ram 1500's trim levels, cab configurations and rear- and four-wheel drivelines, from the near-base ST Quad Cab to the loaded-up Laramie Limited Crew Cab.

Only the base ST regular cab is omitted from the list. Of course there's nothing particularly "Eco" about the Ram 1500 EcoDiesel, or any other 2,700-kilogram brute that burns fossil fuel, but at least the EcoDiesel is cleaner than diesels of old.

As is the case with other automakers' diesels, the Ram's exhaust is treated with a urea-based solution that chemically neutralizes the nasty stuff before exiting the tailpipe. That makes the engine clean enough to pass muster throughout every jurisdiction in North Amer-

## 2014 Ram EcoDiesel

- **Type.** Two- /Four-door, front- / four-wheel-drive pickup truck
- **Engines (hp).** 3.0-litre DOHC V6, turbo-diesel (240)
- **Transmissions.** Eight-speed automatic
- **Base price (incl. destination)** \$33,500

## Torque

For serious truckers it's torque that matters most and the EcoDiesel handily beats Ram's base 3.6-litre V6 with its 269-pound-feet and the optional 5.7-litre V8's 410 pound-feet. While the V8's peak torque is close, it comes much higher in the rev range than the diesel's.

## Fuel economy

As for fuel economy, Chrysler isn't spilling the precise beans just yet, but based on the numbers earned by the Grand Cherokee, somewhere in the vicinity of 10.0 l/100 km in the city and 7.5 on the highway seems plausible. That would be an improvement compared to the base V6's 11.4/7.8 and the V8's 14.1/9.3 official numbers.



The interior looks stunning and is equipped with today's usual gadgets.

## Compare



**1** Ford F-150  
Base price: \$24,250



**2** Chevrolet Silverado  
Base price: \$27,950



**3** Toyota Tundra  
Base price: \$28,100

ica, but it also means that the urea solution tank will require replenishment every 16,000 kilometres or so.

Fitting the turbo-diesel option to your Ram won't be cheap. Expect \$3,000 over and above the price of a 5.7-litre V8, and about \$5,000 more than the base V6. That would peg the entry fee in the \$33,500 range, including

destination charges.

There might not be much payback over the short haul, other than sheer torque, but Chrysler figures about 15 to 20 per cent of Ram customers — likely those who plan on racking up plenty of kilometres over many years — will find taking the EcoDiesel route too tempting to pass up.





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# Is this really someone's garage?

**Autoknow.** Because it looks like a place where stuff goes to die.

LISA CALVI  
wheelbasemedia.com

Fall cleanup generally refers to raking leaves. If you could only find the rake. And your work gloves. Wow, what happened to the garage?

In one corner, an assortment of crap that Peter Walsh simply calls the “are-you-kidding-me?” pile. Across the way, there’s a dateless stack of seasonal “stuff” apparently meant to celebrate the spirit of Christmas.

Walsh, the famous Clutter Buster from the Oprah Winfrey Show, is trying to develop a cleanup plan as he scans this jumbled mess that includes everything from pet carriers and sports equipment to 1970s music posters and cans of engine oil that may be older.

Sound familiar?

Without detection, your garage has again transformed from an organized storage space into a purgatory for items that fit nowhere else. A walk-in junk drawer, if you will. “Garages are the elephant burial ground of the 21st century,” Walsh said in an article posted on Oprah.com. “Stuff goes in. Stuff never comes out.”

So what’s the best approach to sorting and cleaning garage clutter without going missing while you’re on the job site?

Walsh offers a simple and inexpensive three-step plan to help reclaim and organize your estranged garage space.

## Step 1: Take full inventory and spare no prisoners.

Any garage makeover must start with what Walsh calls “clutter-cide,” a test of separation anxiety that forces folks to let go of things “I might need someday.” Every item goes in one of four piles: keep; sell; donate; or dumpster. The memories in the mess often make this step difficult to get through, but keeping the sentiment out of the cleanup makes the garage a happier place. A good rule of thumb is if you haven’t needed something in the last year, you won’t need it in the next decade.

## Step 2: Mark your turf.



The Clutter isn't just an organizational problem. How many of you think there's no way that this classic Mustang will escape scratches with all this going on around it?



The four corners of the garage are magnets for stuff. Here, it began with a few innocent boards.

Obviously, adequate parking space is the top priority in most garages. But holiday decorations, gardening tools and sports gear are also storage staples. To keep common items best organized, Walsh stressed that using tape or paint to divide the garage into specific storage “zones” makes certain that Santa isn’t sharing his space with a common lawn gnome.

“When everything has a designated area,” Walsh said, “you always know where it

belongs, which helps set limits on volume.” Specific storage zones will also help everyone know visually what goes where, and increase the odds the baseball bat gets returned to sporting goods and not put into auto parts. Pegboard is another cheap and easy way to hang tools and keep your garage organized when the toolbox becomes too stuffed to latch.

## Step 3: Store with purpose.

This is the part of the pro-



Aside from throwing out stuff you never use, it's important to group together what remains in some sort of order so that you can actually find what you're looking for when you're looking for it. ALL IMAGES WHEELBASE



All those scraps of wood around the garage can be used to make shelving to get stuff off the floor. Or to get your old TV and audio gear out of the basement and into service.

cess where inventory clearance and space management show desired results. Storing boxes vertically maximizes garage space and keeps property best organized. And Walsh stresses that plastic bins are the only way to store because they can be stacked, they are sturdy and they come in different colours and sizes for easy inventory recognition. Being liquid proof also has its advantages in a garage setting. All bins should be colour-coded by contents (perhaps

red for holiday), labelled and stacked where the most frequently used items are the most accessible. In a perfect garage, shelves are used for storage and nothing is kept on the floor, allowing for easy cleaning. But different budgets bring less-than-perfect options. If money is no object, garage makeover companies are popping up all over the Internet and elsewhere. But for the more frugal, the following is a short list of four more do-it-yourself tips that

## Quoted

“Garages are the elephant burial ground of the 21st century. Stuff goes in. Stuff never comes out.”

Peter Walsh, the Clutter Buster from the Oprah Winfrey Show

go a long way.

## Rent a dumpster

Anyone who has ever gutted a garage underestimates how much “trash” is actually in there. An Internet search for “dumpster rental” will give a comparison of local prices, and for about the cost of dinner for four out on the town, a company will deliver and pick up a dumpster that will pay for itself in convenience and time saved.

## Plastic preferred

Walsh warns that rodents love to chew wire coatings in cars and homes, and plastic storage bins with locking lids help to keep them out. Cardboard boxes, unprotected paper and loose fabrics provide a “mice” place for these pests to thrive and multiply.

## Chemical care

The temptation during garage cleanup is to stuff all of those unwanted chemicals and paint cans into a garbage bag and send them off to a landfill near you. That’s obviously a bad idea given the contaminants these products put into the soil and groundwater. The site earth911.com offers a recycling directory for safe and nearby disposal of these toxic materials.

## Magnetic personality

Magnetic knife holders sold at any kitchen supply store can be easily mounted to any wall or pegboard and will extend the life of paintbrushes by keeping the bristles clean and damage free during drying and storage. Other metal tools and utensils can also be conveniently hung and kept out of the way on these magnetic strips. But even the best intentions and organization require ongoing maintenance when it comes to keeping your space clean. Because without some routine attention, Santa and the lawn gnome would both tell you that nothing clutters up around the house faster than a garage.





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# Introducing the Dodge Can'avan

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**AUTO PILOT**  
Mike Goetz  
drive@metronews.ca

To the list of vehicles constructed over the years with wacky materials add the Dodge Can'avan, made entirely of approximately 30,000 cans of food.

Thirty volunteers built the

van of can in about 10 hours at Toronto's Dundas Square last week. It stood on display for a few days, then was disassembled and donated to the Daily Bread Food Bank. It's likely half-eaten by now.

The builders or "can-geners" were local students, and members of Construction. The U.S.-based non-profit agency goes around the world organizing groups to create structures entirely out of canned goods, to help raise awareness of poverty and hunger issues, and to get math, science and technology students pumped up about their futures in engineering, and in community service.

Chrysler thought it was a great way to help out, and to help celebrate the 30th anniversary of the Chrysler minivan, which debuted in 1983.

And like any vehicle made out of a "non-traditional" car-building material, Can'avan is also a great subject for bad puns. Does Can'avan have any working doors? No, just a can opener. "Can" you actually drive it? No, you "can't." Plans for a production version have been "canned." Etcetera.

Building vehicle sculptures out of odd materials is almost an art form of sorts. Let's revisit a few famous ones...

## Chevrolet of Cheese

Last year, when The American Dairy Association (ADA) sponsored Terry Labonte's NASCAR program, the ADA commissioned a full-scale "cheese" sculpture of Labonte's Chevrolet racer. Carved from 3,500 pounds of yellow cheddar, it held the title of "The World's Cheesiest Car," which really cheesed off a Gouda-based competitor, who thought the Chevy was not nearly Gouda enough.

## Lamborghini of Gold

German car model maker, Robert Wilhelm Gulpen, carved a 1:18 scale model Lamborghini

Aventador out of solid gold. Containing 25 kg (55 pounds) of the precious metal and lots of gemstones, the model is estimated to be worth several million — lots more than a regular, full-scale \$400,000-plus Aventador. I can't afford either, but especially the gold one.

## Ferrari of Lego

This creation is a full-scale model of Ferrari's 2011 Formula 1 racer. It took a team of 16 Lego experts six months to plan and assemble the hundreds of thousands of Lego bricks. The build time could have been cut down by a few weeks, but the team insisted

on keeping to their mid-afternoon schedule of naptime, story time, and snacks.

## Toyota of Ice

Artists carved a full-scale Toyota Land Cruiser, complete with interior, out of solid ice for a Russian winter festival. It was super slick, but when you used the defroster the whole windshield disappeared.

## Bugatti of Cigarette Packs

Engineering students in China used 10,280 cigarette packs and eight months to build a replicable of a Bugatti Veyron. No time or space for a pun. Got to butt out.

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## Horoscopes

### Aries

March 21 - April 20

By all means, think big but before you put your latest plan into effect, make sure there are no obvious holes in it. Even a minor error could hold you back, so check, double check, then check again to be safe.

### Taurus

April 21 - May 21

Try not to take out your frustrations on friends. It's not their fault you can't seem to get your act together. The only way you are going to improve your mood is to ease up and stop expecting so much of yourself.

### Gemini

May 22 - June 21

There is a rational explanation for everything that happens. Keep that in mind today and you'll do fine. However, just because there is an explanation does not mean you will find it. Maybe the time's not right.

### Cancer

June 22 - July 23

You may not want to admit that a colleague's big idea is better than your own but everyone else can see it so you might as well accept the fact. It's OK.

### Leo

July 24 - Aug. 23

You may think you have to cut back on essentials but that would be a false economy. Just because you take a step backward does not mean you will move forward any faster.

### Virgo

Aug. 24 - Sept. 23

By all means, point the finger if you can prove who the guilty party is but if there are any doubts, you must keep your suspicions to yourself. It could be you have got the bad guys and good guys mixed up.

### Libra

Sept. 24 - Oct. 23

What you say and do must be consistent or you'll leave yourself open to charges of hypocrisy. That applies on the work front, where colleagues will not be impressed if you fail to practice what you preach.

### Scorpio

Oct. 24 - Nov. 22

You may regret having made certain decisions but there is no need to feel sorry for yourself. Nor is there any reason to change course. All roads lead to where you need to go, so just keep walking.

### Sagittarius

Nov. 23 - Dec. 21

You want to tell others how you feel but for some reason, the words won't come. Maybe you should take the hint and keep your feelings to yourself, at least for now.

### Capricorn

Dec. 22 - Jan. 20

Even a Cap takes a wrong turn sometimes so don't get angry with yourself if you have to retrace your steps today. The worst thing you can do is to blunder ahead regardless. There's a steep drop up ahead.

### Aquarius

Jan. 21 - Feb. 19

What is painful in the short term may be beneficial in the long term, so don't give up on what you are doing yet. The more you have to work at something, the more likely it is you will master it.

### Pisces

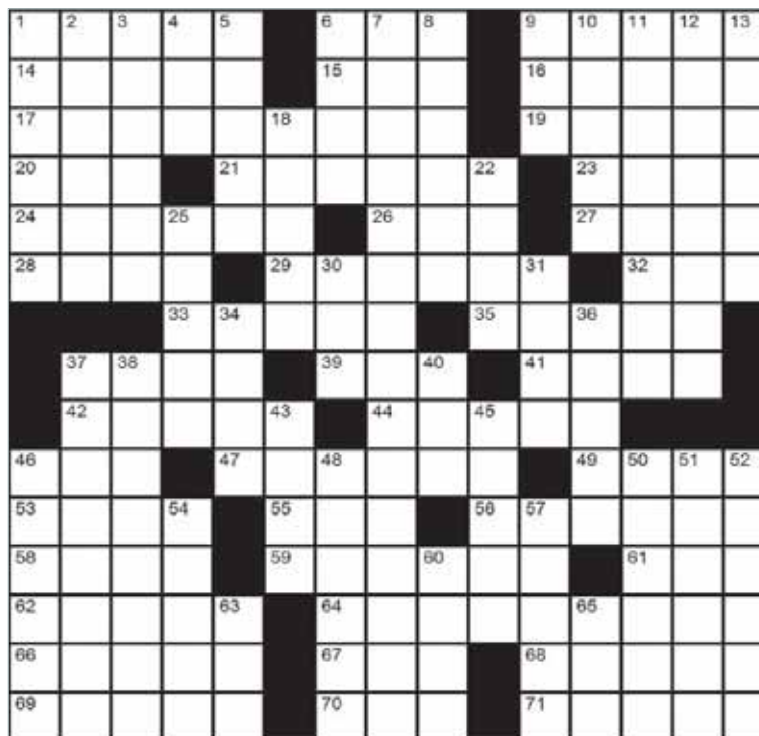
Feb. 20 - March 20

You may have to be economical with the truth today, especially if there is information you need to keep out of the hands of your rivals. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

1. Do cartography work again
6. Great Expectations character
9. Capital of Senegal
14. Gladden
15. Record label for Elvis
16. Mary J. of song
17. Nova Scotia community, a name Beatles fans must love
19. ArmÉE du \_\_\_ = The Salvation Army
20. Tree tool
21. Indicate
23. Nero's 1502
24. Festive strands
26. Hosp. area
27. Tree trunk
28. Formerly
29. Rise
32. "Waking \_\_\_ Devine" (1998)
33. Butcher shop waste
35. Succeed in life: 2 wds.
37. Dynasty of ancient China
39. \_\_\_ Mahal
41. Songstress Ms. Simone
42. "The Planets" composer: Gustav \_\_\_ (b.1874 - d.1934)
44. More recent
46. 'P' in MPH
47. Quash
49. Think, archaically
53. Trompe l' \_\_\_ (Visual illusion)
55. Mr. Cruise



56. Stick to
58. Rocker Mr. Osbourne
59. Of service
61. FOX cartoon, "American \_\_\_!"
62. Satellite of Saturn
64. Ex-RCMP officer on "Dragons' Den", Jim \_\_\_

66. Tennis great Ivan
67. Sanctions
68. Faint trace
69. S s Ssss
70. Clock setting in St. John's, commonly
71. "Egads!"

### Down

1. "There's not

- anything to which you can't \_\_\_" - Alanis Morissette, "Everything"
2. Magical potion
3. Experts
4. Lunched
5. As such, Latin style: 2 wds.
6. '70s music genre,

- \_\_\_Rock
7. CN Tower and Parliament Buildings, for example: 2 wds.
8. Princess' house
9. Sound loudness units [abbr.]
10. Gentle as \_\_\_
11. Area of Winnipeg, West \_\_\_

12. "The Voice" coach Christina
13. Made the score even again
18. Rice dish
22. Breather's need
25. Tavern chair
30. SNL night, for short
31. Finished
34. Be a mother hen
36. Colin of movies
37. Canadian snacks
38. Skyline
40. 'Game' in Gaspe
43. Dancer's dress
45. "\_\_\_ live in a yellow submarine..." - The Beatles
46. Second smartest dog
48. #64-Across' restaurant chain, \_\_\_ Pizza
50. Stuff in a teacher's correcting pen: 2 wds.
51. Juice source
52. Some higher-heeled shoes
54. "The Hollywood Squares" centre square occupant, Paul \_\_\_
57. God
60. Top
63. Chicago trains
65. IV + III's equivalent

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).  
BY KELLY ANN BUCHANAN

## Yesterday's Crossword

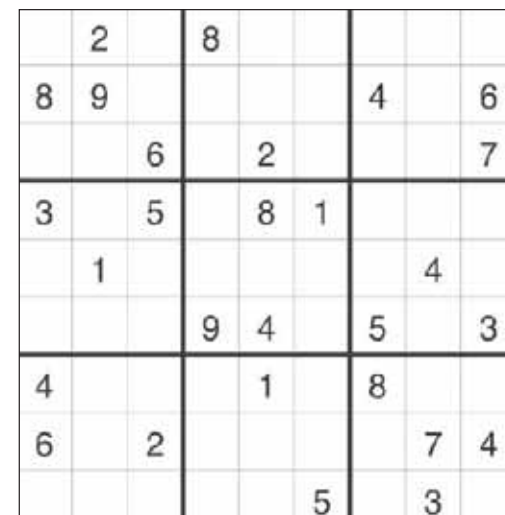


## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



**Today**

10°/7°  
Variable

**Thursday**

15°/2°  
Rain  
90%

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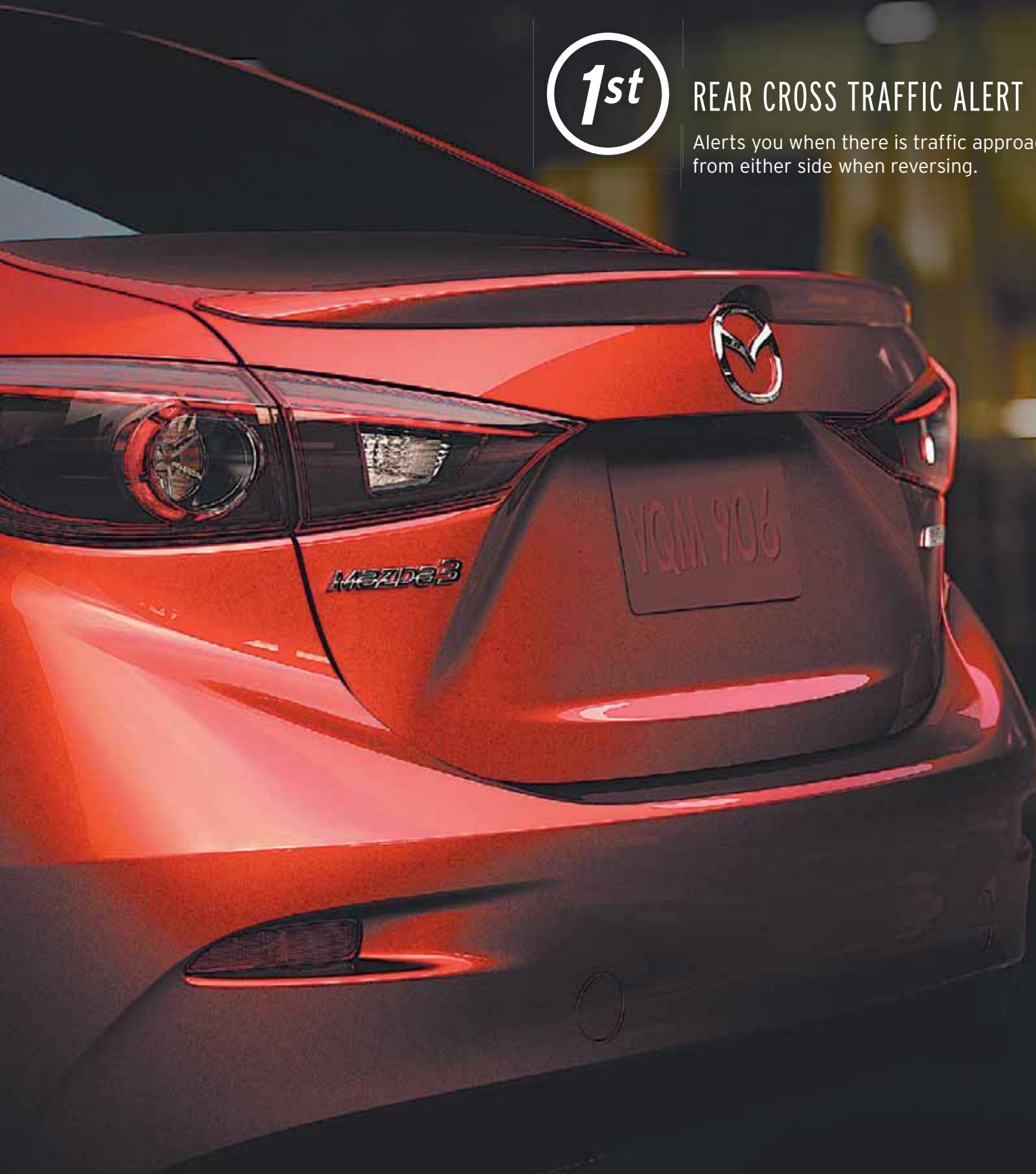
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*ZOOM-ZOOM*

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